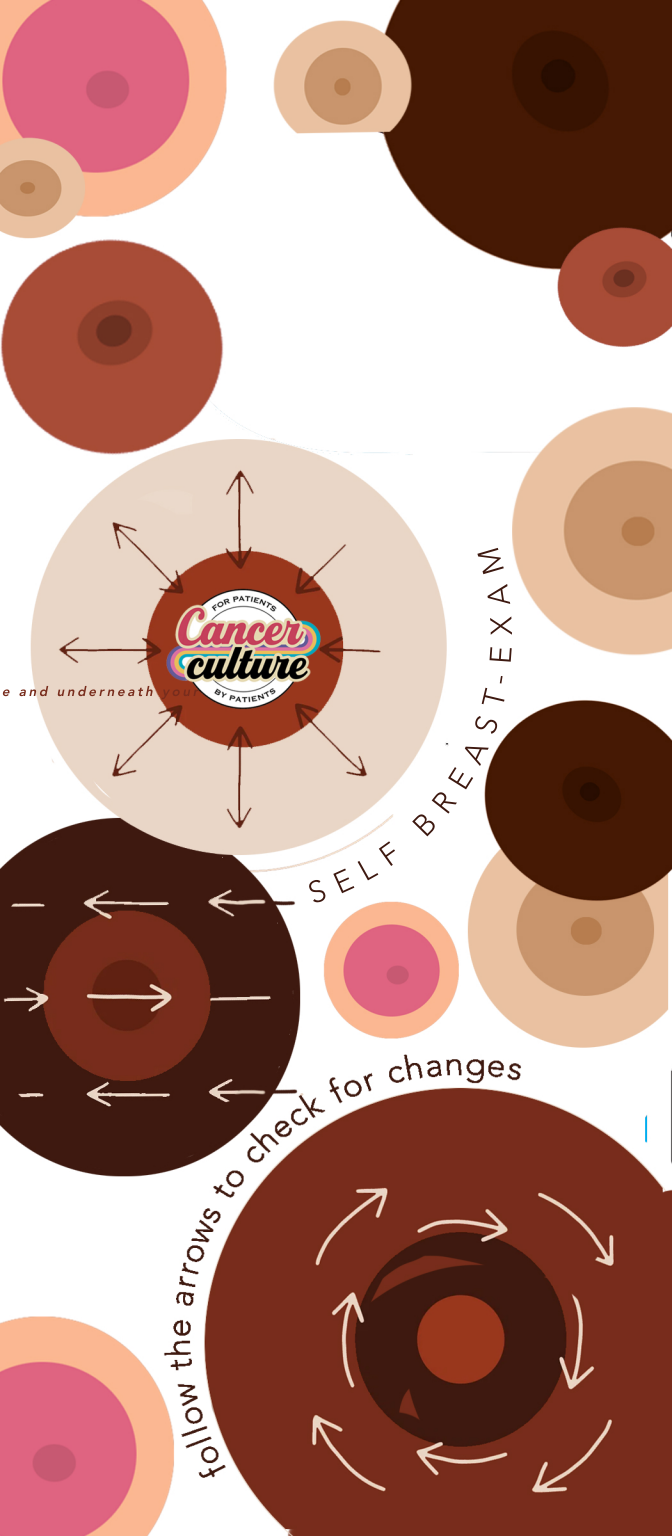




e and underneath your



SELF BREAST-EXAM

follow the arrows to check for changes

